

MEGA swim 26: Session: 2: COACH evaluation sheet for TEAM: AZL

Coachinfo: Warming up from: 13:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bijloos Annie

Coaches: De Smedt Leny HEADCOACH

Coaches: Schepers Jérôme

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M BUTTERFLY WOMEN 11-16			Heat:13, starttime: 15:45
Heat: 13/13 Lane : 9 Athlete: VAN DEN BREMT SARAH			Q-time: 01:10:97
PB (50m pool): 01:10.97 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:10.96 SB: 01:12.06 Aalst 20/12/2025			
	5 0 M	1 0 0 M	
PB	00:32.70	01:10.97	
	00:32.70	00:38.27	
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:10, starttime: 16:10
Heat: 10/17 Lane : 5 Athlete: BOEL ELIAS			Q-time: 01:35:08
PB (50m pool): 01:35.08 Antwerpen 13/07/2025 PB (25m pool): 01:32.48 SB: no time			
	5 0 M	1 0 0 M	
PB	00:44.79	01:35.08	
	00:44.79	00:50.29	
			

Coach feedback:

Event number: 12: 100M BREASTSTROKE MEN 11-16			Heat:15, starttime: 16:20
Heat: 15/17 Lane : 6 Athlete: VAN DEN BREMT MATHIAS			Q-time: 01:20:73
PB (50m pool): 01:25.11 Aalst 20/12/2025 PB (25m pool): 01:20.73 SB: 01:25.11 Aalst 20/12/2025			
	5 0 M	1 0 0 M	
PB	00:39.53	01:25.11	
	00:39.53	00:45.58	
			

Coach feedback:

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Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:16, starttime: 16:55
Heat: 16/20 Lane : 6 Athlete: VAN DE WINKEL LOLA			Q-time: 01:06:19
PB (50m pool): 01:10.29 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:06.16 SB: no time			
	5 0 M	1 0 0 M	
PB	00:34.59	01:10.29	
	00:34.59	00:35.70	
			

Coach feedback:

Event number: 14: 100M BACKSTROKE MEN 11-16			Heat:17, starttime: 17:40
Heat: 17/18 Lane : 1 Athlete: VAN DEN BREMT MATHIAS			Q-time: 01:09:59
PB (50m pool): 01:23.08 Gent (Rozebroeken) 03/03/2024 PB (25m pool): 01:09.59 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:23.08	
	no time		
			

Coach feedback: